NEWS

10th March 2023



PARENT CONSULTATIONS

Our Parent Consultations will take place on Friday 31st March. School will be closed to the children on that day. Please make sure you have booked your sessions with your child's class teacher. Appointments can be booked through our website. Please contact the school office if you have any issues booking your appointment,

HEADLINES

RED NOSES AND SCIENCE WEEK

Next week is Science week! Thank you to Miss Jordaan for all your hard work in organising activities for the children.

Friday 17th is Comic Relief! Children are invited to dress in their own brightly coloured clothing! You can find more infomation here

SHAKING UP SHAKESPEARE Congratulations to our wonderful

Year 6 children who have worked hard this week in creating their own version of Julius Caesar The children worked brilliantly together and are looking forward to sharing it with parents and carers tonight. Thank you to the Year 6 staff and of course Anthony Glenn!

STRIKE ACTION

Please remember school will be closed to children on Wednesday 14th and Thursday 15th March.

Free 45 minute sessions!

COMIC ILLUSTRATION Drawing classes

Every Wednesday 5:30-6:15pm

AVAILABLE TO JOIN THROUGH ZOOM





Meeting ID is:

872 6927 8365

Password is:

Library1

Contact: libraryillustrations@gmail.com

Well done to our Year 1 & 2 Girls who took part in a Girls Football Festival. We are so proud or your behaviour and attitudes





NEW EXTRA SESSION STARTING 4TH MARCH Girls Soccer School for AGES 5-11 Sat 9-10am AT MATCH DAY CENTRES, KITCHENER ROAD, E17 4LL

First session is free / £5 per session Please contact Matt on 07979994610/matt.p.morgan@googlemail.com

This week we celebrated International Women's Day, we want to take a moment to acknowledge the contributions of women throughout history and across the world. This day is a reminder of the progress that has been made towards gender equality, as well as the work that still needs to be done.

ERNATIONAL

In our school, we strive to empower our students to pursue their passions and dreams, and to challenge gender stereotypes. We believe that all students, regardless of gender, have the potential to achieve great things and make a positive impact on the world.

As we continue to educate and inspire our children, we hope to create a future where all individuals, regardless of gender, are able to reach their full potential and make their voices heard.

Strengthening Families, Strengthening Communities (SFSC) Workshops

During March, Waltham Forest Council are offering free parenting workshops to parent/carers in Waltham Forest with a child aged 3-18 years old. All workshops are free and inclusive.

Interactive sessions will include:

- Exploring safeguarding and risks.
- Exploring fundamentals to relationship building with your child.
- Exploring the benefits of positive discipline methods.
- Gaining and building parenting confidence.
- Supporting children through various stages of transition from childhood to adulthood.
- Building a support network and meeting other parents to create new friendships.



COMMUNITY

Come along to one of our community kitchens, where you can meet others and learn how to cook healthy meals in a shared space.



We know the cost-of-living crisis is a worry for many residents across Waltham Forest. The Local Authority is making sure there is a package of support available to residents throughout this challenging time. If you or someone you know is struggling please visit the <u>Waltham</u> <u>Forest Support</u> website for more information.

Whether you need financial support, advice about lowering bills, accessing food or getting mental health support - there is help available.

The Local Authority also has 46 warm spaces across the borough, where residents can spend timefor free. These include community living rooms, kitchens and also libraries - where you'll find desk space too.

Protecting your child from stress.

Children today often feel more stressed than we realise. This is particularly important to remember because they are still developing emotionally and intellectually. They often feel powerless and are under a lot of pressure, with less time in nature, less free play and downtime, and less face-to-face contact.

How parents can help.

As mentioned previously, it is important to think about your own self-care: slow down whenever you can. Also, try to reduce all the activities in their schedule so that they have more downtime to play and be creative. Physical activity and nature are particularly helpful in reducing stress so try to make sure they can move outside every day. Take the time to listen to your child and make sure you laugh together! It is also important to minimise screen time and maximise connection time with them. Finally, you can monitor and limit the amount of violence and upsetting material they access through video games, the news, and other online media, as this makes them believe that the world is a more dangerous place than it actually is.

With best wishes, Greta Integrative Child Psychotherapist



Year 1 and 2 Tuesday 21st March 3:45pm to 5pm

Thank you to those who attending our coffee morning today. We were treated to a fantastic session with Amber Mackintosh. She worked with parents and carers from Handsworth and local schools about nutrition and neurodiversity!

How Do You Self-regulat



Industrial and a second second





EGGCELLENT EASTER PARTY Friday 7th April

2pm - 4.30pm Peter May Sports Centre (SOUTH OF CHINGFORD) E17 4HR

Easter Entertainers Disco Dancing and games Bouncy castles Chocolate making Craft activities Easter egg hunt Facepainter

This event is for residents who live in Waltham Forest. Places are limited so arrive early to avoid disappointment. All activities are free.

On Monday, the School Council paid a visit to Sainsbury's as part of the supermarket chain's new healthy eating campaign.

A huge well done to all of the counsellors working towards one of our school priorities-

Personal Development:

To provide pupils with meaningful opportunities to understand how to be responsible, compassionate and active citizens who contribute positively to society.



This year's Comic Relief Day is on Friday 17th March.

Year 5 are planning and running a number of fundraising activities on the day to help raise money for this great charity, and for the school. These include:

 Non-uniform day (£2 suggested donation) We would like everyone to try and wear the most vibrant colours you own! Be creative and be brave!

Sports Zone (50p per go or 3 goes for £1)

Have a go at one of our sporting activities: Beat the Goalkeeper Shoot the hoops Bean Bag throw Table Tennis challenge



Challenge Zone (50p per go or 3 goes for £1)

Come and have a go at one of our challenges – including Higher or Lower, What's in the Box and Torture the Teacher!

Please note that the Year 5's will be organising activities for Nursery, Reception and Year 1 and the children in these year groups will have time to enjoy them in the morning.

Bake Sale and the Great Handsworth Bake Off (Vibrant showstopper)

Inspired by the Great British Bake Off? Whether it's cupcakes, biscuits or tray bakes, we would like your donations for our great Handsworth Bake Sale! Please bring cakes on Friday and send them to the Year 6 classrooms ready to be sold!

And if you happen to bake a showstopper, why not enter it into our Great Handsworth Vibrant Colour Bake Off (free to enter). We will be judging it on the theme of vibrant colours! Once the judging has taken place, the entries will be cut into slices and sold in the Bake Sale.

Let's make a difference. We have the power to change lives!

From the Year 5 Children





What to

look

forward to!

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Variety of Science Activities in classrooms Kapla blocks

Forest School

Mobile Science library Water rocket launch (weather permitting) Planting fruit and vegetable seeds with Mr Holland Planting flower seeds with Mrs Chatterton and

parent volunteer

cience Week Connections Exhibition

Children to visit Bancroft Science Fair PE at Highams Park School Water Aid assembly and workshops Skates and Scoots activities (weather permitting) French - Science learning Music-Sciencesongs Family fun Visit from Loughton Astronomical Society Visit to the Handsworth Primary Science Librar

nnection for the SCIENCE WEEK



you have any questions ask Miss Jordaan in Year 1.

Exhibition

Science Week

Connect your names, class and short description of your Scientific Connection to your final product.



Carry you final connection to school on a good solid (clearly labelled) foundation e.g. tray, flat box, flat plastic ontainer



Bring your final connection to

school on Friday 17th March 2023

Neurodiversity Celebration Week- Forum Events

MONDAY 13TH MARCH 10.30-12pm- DYSLEXIA - WITH SONIA ALI- SPECIALIST DYSLEXIA TEACHER - Parents Only

William Morris Gallery

Come along and get some hints and tips and a chance to ask questions

Booking via link:

https://forms.gle/7QgnZg8AbUoKqYme7

THURSDAY 16TH MARCH- UNDERSTANDING ADHD WITH TIGGER PRITCHARD 7PM-9PM via Zoom https://forms.gle/vyw3xiGZQdXM7TpbA

Monday 13th MARCH 12.30PM-2PM DCD(Dyspraxia) SUPPORT GROUP - Parents Only William Morris Gallery Come along and get some hints and tips and a chance to ask questions <u>https://forms.gle/b1fZ3tXMBnahGLLo6</u>

WEDNESDAY 15TH MARCH 11-12.30pm

DYSCALCULIA & MATHS ANXIETY with Colin Foley The webinar explores dyscalculia and mathematics anxiety, including how to recognise the signs and practical strategies for parents and carers to support children and young people.

Those who book will receive a copy of the training for 2 weeks after the session

https://forms.gle/FAxbd8FgTGM8MAQv6

MONDAY 13th MARCH 7.30PM-9.30PM WHAT IS NEURODIVERSITY? with Laura Kerbey from NEST(Neurodivergent Education Support and Training) A webinar celebrating neurodiversity from a personal, professional and parental perspective. <u>https://forms.gle/PudPqw4Ro26NMhm97</u> Parents and Professionals Wednesday 15th March 11AM-1PM EPILEPSY SUPPORT GROUP with Marie Fleming, Epilepsy Nurse

At 99 Leyton Green Road E10 6DB- Parents Only https://forms.gle/jPAvgFCGAwvuwvUXA

Autism Acceptence Week Events

Monday 27th March 10.30-12PM Autism Support Group with SENDsuccess William Morris Gallery- Parents Only https://forms.gle/UJe7PTZDqS3Z9yVw5 Monday 27th March 12.30PM-2PM Behaviour as Communication Erin Bundey- Specialist teacher William Morris Gallery- Parents Only https://forms.gle/M3MywiQBQi6weo8v9

All online Tuesday 28th March 7.30-9.30PM Autism and Girls Amanda Hind Parents and Professionals <u>https://forms.gle/NQZKByn8fZB5fjwh7</u> Thursday 30th March 7.30-9.30PM Autism and Anxiety Andy Smith- Spectrum Gaming Parents and Professionals <u>https://forms.gle/H1w8V6Qftf6BCUBP9</u>





Hildeg and von Bingen and Anna Clyne

Each week we introduce the children to different musical artists or genres. The children listen to this music around the school, in class and in assemblies.

STAR OF THE WEEK

The purpose of Star of the Week is for us to have the opportunity to celebrate every child in our community specifically. We encourage everyone to celebrate what is wonderful about that child. Children do not need to do anything to earn Star of the Week – each child deserves it and they will each get a turn. The stars also have the opportunity to have tea with Mrs Nairne and Ms Addai.

If your child is Star of the Week we encourage you to ask them to repeat to you some of the positive statements their classmates and teachers make about them and add your own!

